




Thomas A. Golden, Jr.  
City Manager

## MEMORANDUM

**TO:** City of Lowell Employees  
**FROM:** Thomas A Golden, Jr., City Manager   
**CC:** Lisa Golden, Director of Health and Human Services  
**DATE:** January 11, 2023  
**SUBJECT:** MOTION RESPONSE-1/10/23 M.CHAU-REQ. City Mgr. Provide an update on Covid Protocol/Guidelines for City Employees.

### Isolation and Quarantine

Any City of Lowell employee that tests positive for COVID-19 must remain out of the workplace and begin isolation in accordance with Massachusetts Department of Public Health (DPH) [guidelines](#). Isolation will generally last 5 days, provided that symptoms do not worsen during this period. If your symptoms are improving you may end your isolation on day 6 and wear a mask around others for 10 days.

The Centers for Disease Control and Prevention offers a [calculator](#) which can assist in determining the appropriate duration of quarantine and isolation.

An employee that is required to isolate or quarantine must use regular accrued sick leave during this period. Employees should report COVID-related absences to their Department Head or supervisor, consistent with other use of sick leave time.

### Vaccinations

Bivalent COVID-19 vaccine and flu shots are available at the Health Department Clinic every Tuesday from 3:00 PM – 7:00 PM. For more information and to register for an appointment, visit: [lowellma.gov/covidvaccine](http://lowellma.gov/covidvaccine).

### Assistance

For assistance in determining when an employee can return to work, or any other issues related to COVID-19, please contact the Health Department at 978-674-4010.