



Lisa Golden, RN, MSN
Director of Health & Human Services
978.674.1050

INFORMATIONAL

To: Thomas A. Golden Jr., City Manager 
From: Lisa Golden, Director of Health and Human Services
Date: February 10, 2026
Subject: CPR training for staff

February is heart month this month is dedicated to promoting heart health. The health department is doing a social media series to raise awareness around heart disease, *which is the leading cause of death for Americans.*

I am pleased to inform you that in the fall of 2025, Pridestar EMS provided CPR/AED training to 43 staff members throughout the city from such departments as the Library, Council on Aging, Development Services, Human Resources and Special Events. This adds to the employees already certified in CPR such as the School Nurses, Public Health Nurses, other Health Department staff, Water, Wastewater, Recreation and Masshire.

Over the last two years we have had donations of AED's from the Adam Keenan Foundation Inc, and Pridestar adding to the total AED's in the parks and Cawley Stadium to a total of 13 in the community serviced by the city.

Multiple city buildings have AED's including but not limited to the Library, the Senior Center, 107 Merrimack St (Health, MassHire, Recreation), DPW, Water, Wastewater, Lowell Auditorium, Schools and the Parks Department.

The American Heart Association provides additional information regarding cardiac emergencies at www.heart.org/en/nation-of-lifesavers.