



Kerran Vigroux, BS, MPH
Director of Health & Human Services
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Date: August 15, 2018
To: Eileen Donoghue, City Manager *EMD*
From: Lainnie Emond, Substance Abuse Coordinator, Lowell Health Department
CC: Kerran Vigroux, Director, Lowell Health Department
Re: Mental Health Services in Lowell

Dear Manager Donoghue,

The following is a response to Councilor Leahy's Motion on July 10, 2018, to Request an update on Mental Health Resources throughout the City. As Substance Abuse Coordinator for the Health Department, I have become acquainted with local resources providing services to the substance abuse community. As it would naturally occur, there is some overlap between substance abuse and mental health treatment services within our community.

Attached to this document are two resource lists specific to local substance abuse and mental health treatment services. The resource list of substance abuse services was created for the Health Department and has been distributed to various community members and partners. The resource list of mental health services has been newly created to serve as a starting place for identifying relevant resources. Please note that these resource lists do not identify all levels of care within the treatment continuum, nor do they identify all providers working with the substance abuse and mental health populations.

It is worth noting that as of July 1st, 2018, Mental Health Association (MHA) of Greater Lowell ceased operation due to lack of funding. To my knowledge, MHA's mental health outpatient clinic and case management services for the Department of Mental Health have been absorbed by Vinfen and are continuing to function with their designed intent. Project CARE, which is grant funded by the Lowell Police Department via the Smart Policing Initiative grant, has also transitioned from the oversight of MHA to Vinfen, as well.

Respectfully,

Lainnie Emond, LMHC

Local Mental Health Resources

Please be aware that this is not a complete list of local mental health treatment resources.

Outpatient Therapy (Individual, Group, Family, Couples)

Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Center for Family Development	978-459-2306	81 Bridge Street, Lowell, MA
Greater Lowell Psychiatric Association	978-256-6579	73 Princeton Station, North Chelmsford, MA
Institute for Health and Recovery	617-661-3991 x112	97 Central Street, Lowell, MA
Lowell Community Health Center**	978-937-9700	161 Jackson Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA
Trauma and Family Integration	978-677-7823	144 Merrimack Street, Lowell, MA
Vinfen*	978-674-6700	672 Suffolk St, Lowell, MA

Child/Adolescent Services

Center for Family Development	978-459-2306	81 Bridge Street, Lowell, MA
Institute for Health and Recovery	617-661-3991 x112	97 Central Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA
Trauma and Family Integration	978-677-7823	144 Merrimack Street, Lowell, MA

Supportive Environments/Peer Supports/Social Opportunities

Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Northeast Independent Living Program	978-687-4288	35 John Street, Lowell, MA
Renaissance Club	978-454-7867	176 Walker Street, Lowell, MA

Adult Day Programs (18+)

Bridgewell	978-459-0389	35 Market Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA

Department of Mental Health (DMH)

Lowell Site Office	978-322-5000	391 Varnum Avenue, Lowell, MA
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Additional Case Management (must have DMH services)

Vinfen	978-674-6700	672 Suffolk St, Lowell, MA
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Psychiatric Medication Providers

Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Greater Lowell Psychiatric Association	978-256-6579	73 Princeton Station, North Chelmsford, MA
Lowell Community Health Center**	978-937-9700	161 Jackson Street, Lowell, MA

Community Crisis Stabilization (CCS) Program

Lahey CSS (Lowell)	978-455-3397	391 Varnum Avenue, Lowell, MA
Lahey CSS (Lawrence)	978-620-1250	12 Methuen Street, Lawrence, MA

Psychiatric Emergency Services

Lowell Emergency Services Program	978-455-3397	391 Varnum Avenue, Lowell, MA
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***Both Lowell General Hospital Emergency Department are staffed with Lowell ESP crisis clinicians.*

Solomon Mental Health Center

978-322-5000

391 Varnum Avenue, Lowell, MA

(DMH has awarded License to Occupy agreement to Bournemouth Health Systems, contract is pending.)

**Vinfen has absorbed MHA's outpatient clinic and DMH services*

*** Behavioral Health program*

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