



## LOWELL PUBLIC SCHOOLS

*Lowell High School*  
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Jeannine Durkin, Superintendent  
Lowell Public Schools  
155 Merrimack Street  
Lowell, MA 01852

January 03, 2019

Re: Outdoor Adventure Club – Pinkham, NH

Dear Superintendent Durkin:

I would like to request permission for the Outdoor Adventure Advisor, Kendra Bauer and Donna Newcomb both staff of Lowell High School, to participate in an overnight winter adventure excursion supported by the Appalachian Mountain Club's Youth Opportunity Program with 8 club members. They will be traveling with one trained Youth Opportunities Program organizer to the Joe Dodge Lodge in Pinkham, NH from Friday, January 18, 2019 – Sunday January 20, 2019. One substitute will be required. The club will travel via van. Students will miss one day of school. The Appalachian Mountain Club will provide us with accommodations, lunch, and all other needed outdoor equipment. The cost for each student WOULD BE \$280.00, but the AMC Youth Opportunities Program is giving us a grant to cover all costs except for a small contribution towards food and gas. The only cost to students will be \$20.00. The only cost to the Lowell High School Individual account will be \$110.00 for one substitute.

The trip will fulfill the following Massachusetts State Curriculum Standards:

- Students will acquire and refine a variety of manipulative loco-motor, and non-loco-motor movements skills and will utilize principles of training and conditioning, and will learn biomechanics and exercising physiology, and will apply the concept of wellness their lives;
- Students will gain the knowledge and skills to select a diet that supports health and reduces the risk of illness and future chronic diseases;
- Students will gain knowledge of the interdependence between the environment and physical health, and will acquire skills to care for the environment.

Thank you in advance for your consideration and support.

Sincerely,

Marianne E. Busteed  
Head of Lowell High School

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