



Weekly Food and Nutrition Update : 5/23/19, 5/31/19 and 6/7/2019

- Food Bank was held on Tuesday May 21, 2019. We served over 100 families a variety of fresh vegetables, ground beef, chicken, pasta and assorted canned goods. We had great volunteers from the Food and Nutrition Teams at the Stem and Freshman Academy as well as students from the Mass Audubon Society. Next food bank is June 11th at Stem Academy
- We supported Family cookout at the Lowell Day School on Friday May23, 2019. We served the students and their families for their end of year cookout. Anthony and Brooke received high praise from the team there.
- Brooke Garabedian and Anthony Paladino attended the Parks and Recreation Board meeting on Wednesday May 29, 2019 to present expanding serving dinner meals during the summer at McPherson pool near the Greenhalge School. The committee granted us permission to serve dinner at this park.
- Completed summer application in DESE portal 5/30/19.
- Summer Grant 542 from the Department of Education funds were collected on 5/30/19 for summer meal program promotion and new thermal cooler bags.
- Remaining documents for re-applying for CEP are being reviewed for submission by the business office.
- Summer program planning is well underway with the first day of service is at the Morey on June 17th. (Please see attached summer schedule of open sites). This year we are preparing and serving from the Rogers School to properly utilize the refrigerated food truck.
- Our Chef's: Anthony and Jared catered the LTA banquet on May 23rd. Great feedback on food and presentation



- 18 school visits were conducted by Aramark team members to work with staff to reduce inventories as we prepare for summer shut down.



Harvest of the Month tasting at the Laura Lee School. We finished our yearlong nutrition education and Harvest of the Month series with a fruit salsa featuring Fresh Strawberries. This salsa was also made with kiwi which many students had not tasted before, and they liked it. We discussed health benefits of eating variety of fruits and vegetables and reviewed Superfoods. The students loved the fruit salsa with cinnamon pita chips.



- Remaining documents for re-applying for CEP are being reviewed for submission by the business office.
- Brooke and Sharon attended City Of Lowell Hunger Homeless Commission on June 5th at City Hall. Opportunity to share our Summer Eats Open Site Flyer and Marketing Plan to improve participation, This was a great opportunity to meet and network with other agencies updates including Continuum of Care, Food Pantries, Mobile Markets, WIC, Salvation Army, Asian Task Force against Domestic Violence, Lowell Alliance, Lowell Transitional Living Center, DTA, CTI.
- **Upcoming Event:** Book Fest June 11, 2019 at Jack Kerouac Park from 3pm- 6pm.
 - We will be promoting our summer program with free giveaways: T shirts, Frisbees, beach balls and information on our summer program open sites for breakfast, lunch and dinner.
 - We will be providing free dinner to all kids.
 - Nutrition education, harvest of the month strawberries.
- 16 school visits were conducted by Aramark team members to work with staff to reduce inventories as we prepare for summer shut down.