



ALLO[®]NE

HEALTH

Well-being. Done Well.

Presenting **MENTAL HEALTH COUNSELING**

Are you dealing with any of these important issues?

- Emotional/Job Stress
- Substance Abuse
- Depression
- Anxiety
- Grief
- Workplace Tension
- Behavioral Health Support and Referral

AllOne Health proudly offers a high-touch program designed to support individual mental and behavioral health concerns. Get immediate access to Masters' level support for everyday or critical mental health needs. Our mental health solutions cover a broad range of issues for individuals, which they may experience at work or within their personal lives. Our staff includes doctors, licensed independent clinical social workers, and mental health specialists.

A whole new SPIN on work and life!

AllOne Health can help you with work and life situations, big or small. In addition to Mental Health Counseling, AllOne Health can provide help in the following areas of your life:

- Medical Advocacy
- Life Coaching
- Work/Life Resources & Referrals
- Personal Concierge for Everyday Needs

WAYS TO GET HELP



24/7 Telephonic Support



Mobile app with Chat

Video Counseling



Anytime, Anywhere.