



Coronavirus (COVID-19) Guidance and Resources for Community-Based and Faith-Based Organizations

Revised: 03/12/2020

The following is a list of Centers for Disease Control (CDC) and/or Massachusetts Department of Public Health (DPH) recommendations for Community-Based and Faith-Based Organizations to follow to help reduce spread of respiratory infection, such as coronavirus (COVID-19). PLEASE NOTE THAT INFORMATION IS CHANGING FREQUENTLY.

- Encourage community members to:
 - o Practice good hygiene
 - Wash your hands often and thoroughly with soap and water for at least 20 seconds; use alcohol-based hand sanitizer only if soap and water is unavailable
 - Avoid touching your mouth, nose, and eyes with unwashed hands
 - Cover your coughs and sneezes with a tissue or your sleeve (not with your hands)
 - Avoid close contact with people who are sick
 - Clean and disinfect surface areas frequently
 - o Stay home if feeling sick or have a sick family member at home
- Consider cancelling, postponing, or modifying large gatherings and meetings

More detailed guidance and recommendations for specific populations are offered here:

<https://www.mass.gov/info-details/covid-19-guidance-and-recommendations#for-local-boards-of-health->

Additional handouts and resources you may find helpful:

- CDC Coronavirus “Decrease the Spread” Handouts, <https://www.cdc.gov/coronavirus/2019-ncov/downloads/workplace-school-and-home-guidance.pdf> (currently only available in English)
- Lowell Health Department KHMER “Coronavirus, What Families Need to Know” Handout, https://www.lowellma.gov/DocumentCenter/View/11009/KH-Coronavirus-Resource_Lowell-Health-Department_Rv-03122020
- Cambodian Mutual Assistance Association (CMAA) KHMER “Facts: Covid-19” Video, https://youtu.be/OcmN_Dk1Axw
- CDC Coronavirus Print Materials, <https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html> (available in 2-4 languages)
- CDC Coronavirus Video Library, <https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html> (currently only available in English)
- Massachusetts DPH Coronavirus Print Materials, <https://www.mass.gov/info-details/covid-19-printable-fact-sheets> (available in 7 languages)
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Please contact the Lowell Health Department for questions related to Coronavirus (COVID-19) at 978-674-4010. Please leave a detailed message regarding your concern if your call is not answered immediately.