

Mental Health Counseling

Trauma & Family Integration Center
144 Merrimack Street, 302, Lowell, MA
978-677-7823

Bridgewell Counseling Services
35 Market Street, Lowell, MA
978-459-0389
www.bridgewell.org

Lowell Community Health Center Behavioral Health Services
161 Jackson Street, Lowell, MA
978-937-9700 x8526
www.lchealth.org

VINFEN Behavioral Health
40 Church Street, Lowell, MA
978-674-6744
www.vinfen.org

Arbour Counseling Services
21 George Street, Lowell, MA
978-453-5736
www.arbourhealth.com

SouthBay Community Services
22 Old Canal Drive, Lowell, MA
Outpatient & Community Behavioral Health Clinic: 978-453-6800
Early Childhood Services: 978-452-1736
www.southbaycommunityservices.com

Mental Health Counseling

Institute for Health and Recovery, Inc
97 Central Street, Suite 207, Lowell, MA
866-705-2807
www.healthrecovery.org

Center for Life Management
103 Stiles Road, Salem, NH
603-434-1577
www.Centerforlifemanagement.org

Lahey Health Behavioral Services Outpatient Program
12 Methuen Street, F3, Lawrence, MA
978-683-3128
www.Bilhbehavioral.org

Justice Resource Institute, Lawrence Behavioral Health Center
15 Union Street, Suite 200, Lawrence, MA
978-682-7289
www.Jri.org

Holistic Behavioral Health Services
505 Nashua Road, Ste 12A, Dracut, MA
978-224-1575
www.holisticbhdsd.com

24-hour Crisis Line

866-388-2242

www.vinfen.org/services/cbhc/

Mental Health Services in Greater Lowell



Lowell Health Department
107 Merrimack Street, F4
Lowell, MA 01850
978-674-4301

CBHC

Community Behavioral Health Center - 978-674-6744

VINFEN Behavioral Health (VBH) has expanded its community services to include the CBHC located at 391 Varnum Avenue in Lowell. We provide around-the-clock, 24/7 mental health and substance use evaluation, urgent and routine outpatient services and crisis intervention for children, youth, and adults.

OUTPATIENT SERVICES

Same-day and next-day services and expanded service hours are currently available. Serving youth (4-18) and adults.

MOBILE CRISIS INTERVENTION

VBH's Mobile Crisis Intervention (MCI) provides a 24/7/365 mobile response in the home, school, workplace, or other community settings for youth and adults experiencing a mental health or substance use crisis. Clinicians work with the individual in crisis and, when appropriate, family members or other supportive people in their lives.

COMMUNITY CRISIS STABILIZATION

VBH's Community Crisis Stabilization (CCS) program provides assessment and stabilization through short-term 24-hour treatment for youth and adults experiencing a mental health or substance use crisis in a structured, home-like, and supportive environment. The CCS youth and adult programs are distinct and separate.

FAQ

What kind of mental health issues do area mental health facilities treat?

Treatment and counseling are available for a wide range of mental health issues and disorders, such as psychiatric disorders such as schizophrenia, PTSD in veterans or those who have experienced some sort of trauma, eating disorders such as anorexia and/or bulimia, depression, delusional disorder and psychosis, mood and personality disorders, anxiety disorders, various forms of phobias, and bipolar disorder.

Do mental health facilities in the Lowell area also treat drug and alcohol addiction?

4 out of 5 mental health facilities in the state of Massachusetts also provide addiction treatment services for those who suffer from dual diagnosis – a mental health condition along with a drug addiction or alcohol addiction.

Are there both inpatient and outpatient mental health clinics in Greater Lowell?

The two types of mental health facilities in Lowell can work on either an inpatient, also known as residential, or outpatient basis. The outpatient mental health clinics will provide counseling and mental health services but do not require overnight stays at the facility. Both types of facilities will have licensed mental health counselors and other professionals as part of staff.

What age groups can get mental health treatment in Greater Lowell?

Mental health services in Lowell are available for any age group, including children, teenagers, young adults & older adults.

Mental Health Counseling

McLean Hospital

115 Mill Street, Belmont, MA
800-333-0338
www.mcleanhospital.org

NFI Massachusetts

300 Rosewood Dr, Danvers, MA
978-538-0286
www.nfima.org

Edinburg Center

205 Burlington Road, Burlington, MA
781-862-3600
www.edinburgcenter.org

Edith Nourse Rogers Memorial Veterans Hospital

200 Springs Road, Bedford, MA
781-687-2000
www.va.gov

Everett Hospital

103 Garland Street, Everett, MA
(617) 389-6270
www.halliance.org

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866-388-2242

www.vinfen.org/services/cbhc/